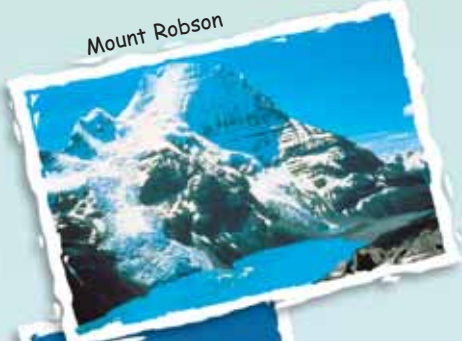


Mount Robson



Spirit Island, Maligne Lake



Mountain Goat



Elk



Some introductions...

- Hi Hello How's it go'in eh Whazzup Ciao Yo
- Hey Salut Put it there Greetings Dear _____

This note is addressed to...

- Mom Bro Kids Guys Bud Sweetie
- Dad Sis Gals Dude Babe _____

I'm travelling by...

- car bus train plane horseback dogsled
- RV bike canoe raft snowmobile _____

So far I've...

- been stunned by the amazing views been doing the camping thing!
- marveled at the turquoise lakes golfed across the Rockies
- enjoyed the colourful wildflowers shopped until I dropped
- relaxed in a soothing hot springs learned how to yodel
- checked out some great hiking trails got eaten by mosquitoes!
- horsed around in the high country gone on a wild rafting trip!
- gone to fishing heaven _____
- realized that some hotels are more like castles!
- spotted the following wildlife _____

The views of the Canadian Rockies are best described as...

- absolutely beyond description! awe inspiring panoramic vistas!
- jaw droppingly spectacular! yikes! I'm afraid of heights!
- simply spiritual _____
- there is no way you can capture this in a photo

The days have been...

- sunny & warm cloudy cold raining foggy windy

I really enjoyed the...

- views waterfalls hikes & walks rafting relaxing
- wildlife wildflowers native culture fishing camping
- history shopping heli tours climbing _____

I'll be home when...

- I'm rescued I've seen it all you see me I wake up from this dream!
- I'm released I have no idea I've caught my limit my vertigo subsides!
- I'm broke the snow flies I find my way off this cliff!! _____

Until then...

- Cheers Bye for now Lots of love Miss you See you soon
- Regards Au revoir Best wishes Adios I'm outta here!

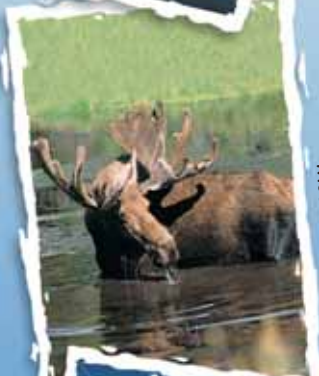
Mt. Edith Cavell, Jasper Nat'l Park



Moraine Lake



Moose



Grizzly Bear



Banff Gondola



Mt. Assiniboine Prov. Park



Lake O'Hara



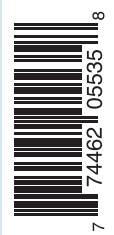
Mt. Rundle, Banff Nat'l Park





Letter Stamp Here

To: _____



Open Here ↓



LEGEND

- | | |
|--------------------------------|--------------------------------------|
| 1. Miette Hot Springs | 21. Castle Mountain |
| 2. Maligne Canyon | 22. Sunshine Village Ski Area |
| 3. Jasper Park Lodge | 23. Johnston Canyon |
| 4. Marmot Basin Ski Area | 24. Kootenay Nat'l Park |
| 5. Jasper Tramway | 25. Mount Assiniboine Prov. Park |
| 6. Mount Robson Prov. Park | 26. Height of the Rockies Prov. Park |
| 7. Hamber Prov. Park | 27. Head-Smashed-In Buffalo Jump |
| 8. Yellowhead Pass | 28. Crowsnest Pass |
| 9. Rocky Mountaineer Rail Tour | 29. Kicking Horse Pass |
| 10. Mount Edith Cavell | 30. Kootenay Park Lodge |
| 11. Athabaska Falls | 31. Moraine Lake |
| 12. Medicine Lake | 32. Marble Canyon |
| 13. Maligne Lake | 33. Radium Hot Springs |
| 14. Sunwapta Falls | 34. Emerald Lake |
| 15. Columbia Icefield | 35. Takakkaw Falls |
| 16. Icefields Parkway | 36. Banff Springs Hotel |
| 17. Peyto Lake | 37. Sulphur Mountain (Banff Gondola) |
| 18. Chateau Lake Louise | 38. Waterton Park |
| 19. Lake Louise Ski Area | 39. Prince Of Wales Hotel |
| 20. Yoho Nat'l Park | 40. Fairmont Hot Springs |